

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

A SCIENCE BASED, PERFORMING ART

Location: ANNADALE, VA

Date: MARCH 2013

Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

Molly Rawding

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst Average One of the Best



2. What three [3] ideas/concepts did you really like?

- a. give yourself what you want.
- b. everybody is allowed to make a mistake!
- c. We look at things differently!



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Ready, Achieve!!
- b. I want to be the greatest teacher ever!!



4. Dennis, I want more [and you'll have it!].....

you + High Trust fun!!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

Den- Thank you for another incredible fabulous workshop!! We look forward to seeing you again!! Dr. Molly

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Name [optional to you, important to me]

MONIKA DAVIS

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

a. teach positive

b. develop trust for everything else will follow



3. What two (2) phrases/quotes

" in this workshop did you really like?

a. "You may..."

b. "Don't Correct the World!"



4. Dennis, I want more [and you'll have it!].....

I wish the teachers would stop being afraid and start being true and positive

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

This workshop showed me that there is hope in education. Also that there are more people like me out in the world

With total gratitude,

display positive attract positive

Dennis M. McLoughlin

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Name [optional to you, important to me]

Rebecca Berkowitz

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!

**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. ARFF
- b. Canyons of Death
- c. do not punish or let it slide

3. What two (2) phrases/quotes

in this workshop did you really like?

- a. Good Thinking
- b. Yay! Yay! Yay! You are here!!

4. Dennis, I want more [and you'll have it!].....

time to reflect during class &  
discuss with peers.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]



With total gratitude,

Dennis,

This class has opened me up  
to realize the things I could not  
figure out. This time of year, my  
class begins to fall apart and it's  
because I've been a 'typical American'.  
Now I am ready to face the world  
in my family and classroom with  
a more fulfilled ARFF!! No more  
stressing over data well into the  
night - time to focus on making  
kids human, not statistics.

With gratitude,  
Rebecca  
"Cabala Girl"

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Name [optional to you, important to me]

Kerri Hande

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!

**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. Not assigning blame

b. No Punishment



3. What two (2) phrases/quotes in this workshop did you really like?

a. Never Try to change people.

b. Those who blame lose the ability to change.



4. Dennis, I want more [and you'll have it!]. relation to High School.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

This class has me reevaluating my life and the way I teach.

With total gratitude,

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Name [optional to you, important to me]

Mark Urbino

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Positive thinking / Control vs. Trust
- b. 6 Valleys and 2 Canyons
- c. Movie in the head



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. "You will die dangling but"
- b. "The most usual way to double scoop is to separate ourselves from those we love."



4. Dennis, I want more [and you'll have it!].....

High Trust Conferences <sup>3</sup> so I can learn about the different topics regarding loving relationships.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

~~XXXXXX~~

Your whole philosophy deeply impacted how I <sup>teach</sup> I will take your words with me for as long as I live

With total gratitude,

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

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Location: ANNADALE, VA

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Name [optional to you, important to me]

1. How would you *celebrate* this workshop, overall:

Totally awesome & completely FABULOUS!

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High Trust experience!

100+

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. gearing w/ gratitude

b. debit/credit → The List

c. Angles & Questions → to digest/own learning

3. What two (2) phrases/quotes

in this workshop did you really like?

a. Getting out of judgement & into fascination

b. What else do you like to do?  
I love mistakes!

4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

I absolutely love when you come to town!  
I love being with you :)



With total gratitude,

Dennis M. McLoughlin

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Location: ANNADALE, VA

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Name [optional to you, important to me]

SARA BUKOSKI

1. How would you *celebrate* this workshop, overall:

I wish everyone in our whole school + AEPS could COME!!!!

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High Trust experience!

100+

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. A mistake is an opportunity to learn.

b. We do not punish or let it slide, we MODEL + PRACTICE.

c. We + our students must have ARIFF to grow our brain (achievement, respect, fun, freedom)

3. What two (2) phrases/quotes

in this workshop did you really like?

a. ~~Don't blame~~ "those who blame lose the ability to change."

b. "Would you like support?"

4. Dennis, I want more [and you'll have it!].....

concrete examples from your classroom experience (yours were great!)

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

This was the most valuable professional development I've ever had. It has added to not only my teaching, but to my whole life.

With total gratitude,

*Sara Bukoski*





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Name [optional to you, important to me]

Suzi Jolevski

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!

**100+**

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. The Double Scoop

b. Mistakes are where the new learning goes!

3. What two (2) phrases/quotes

in this workshop did you really like?

a. students need to always leave on a success

b. you may take your time to think, you're very important.

4. Dennis, I want more [and you'll have it!].....

HIGH TRUST w/ you!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

It is a refreshing energy to be here with YOU! I have never felt more ready for Monday at school!

With total gratitude,



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Name [optional to you, important to me]

JOHN PERLMAN

1. How would you *celebrate* this workshop, overall:

It will change my teaching style

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst Average One of the Best

the High Trust experience!

100+

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. Positive - not negative

b. Develop the trust



3. What two (2) phrases/quotes

in this workshop did you really like?

a. These kids are mine + I protect them

b. Ways to show respect



4. Dennis, I want more [and you'll have it!].....

practice to make it better

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

Your presentation kept me alive  
for 30 hours.

Your content keeps me teaching  
for 30 years - Thanks

With total gratitude,

John Perlman

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## A SCIENCE BASED, PERFORMING ART

Location: ANNADALE, VA  
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 Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]  
Cari Del Fratte

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
 One of the worst                  Average                  One of the Best

the High Trust experience!  
**100+**  
 The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. How to communicate respect (facial expression, tone, words)
- b. How to teach responsibility
- c. that there's a tangible opposite to rewards & consequences that works



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Achievement fluctuates, love + kindness do not.
- b. Mistakes are where the new learning goes.



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

I had fun! My ARFF was filled even though I felt anxiety about how much time I was investing - usually when I have to go from work directly to a meeting that lasts until 9pm, I have no energy at the end.

With total gratitude,  
 Dennis M. McLoughlin

I laughed so much + had opportunities to be playful.  
 but this time I still had the energy at the end of the day. I think it's a big thing.

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Name [optional to you, important to me]

Katrina Deady

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. <sup>No more</sup> Double-scoop
- b. Throwing away the list



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Those who blame lose the ability to change
- b. Fill your ARFF



4. Dennis, I want more [and you'll have it!].....  
time for questions

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

Please ~~increase~~ <sup>get</sup> more administrators, principals, superintendants to come!

With total gratitude,

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Name [optional to you, important to me]

*Johnna Clark*

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst Average One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. *Trust -> Influence*
- b. *Double Scoop*
- c. *Growing from Gratitude*



3. What two (2) phrases/quotes in this workshop did you really like?

- a. *Courtesy is the measure of respect.*
- b. *Lessons consist of just 4 things!*



4. Dennis, I want more [and you'll have it!].....

*everything... - stories (new & old) and skills for tough kids.*

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*Dennis M. McLoughlin*

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Location: ANNADALE, VA  
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Name [optional to you, important to me]

Carmen Canales

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst Average One of the Best

the High Trust experience!

**100+**

The Best Ever!

2. What three [3] ideas/concepts did you really like?

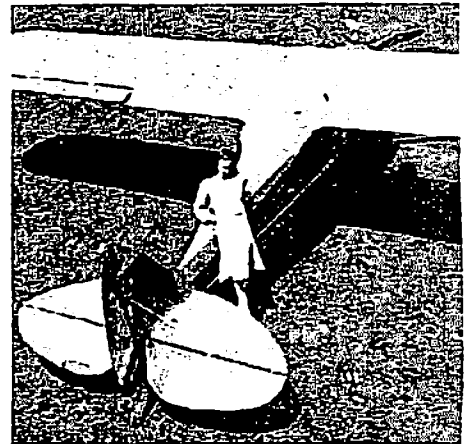
- a. 6 Valleys & 2 Canyons of DEATH.
- b. High Trust Educator Chart
- c. AR.F.F.



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. "What I permit, I teach."
- b. "You may look this way for more success."



4. Dennis, I want more [and you'll have it!].....

Support in carrying out this culture in my class during the year.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude.

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Name [optional to you, important to me]

ANDREW SNEIDER

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best

the High Trust experience!  
**100+**  
The Best Ever!

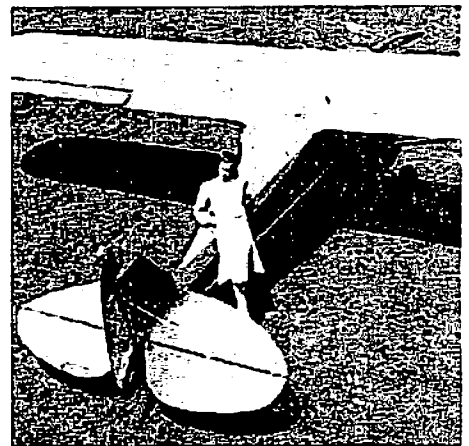
2. What three [3] ideas/concepts did you really like?

- a. DEBIT / CREDIT
- b. CORRECTNESS, TELLING.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. YOU CAN / YOU MAY
- b. WHEN YOU BLAME YOU LOSE.  
THE ABILITY TO CHANGE



4. Dennis, I want more [and you'll have it!].....

SKILLS!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

WHAT YOU RESIST PERSISTS!  
YOU HANDSOME PERSON!

With total gratitude.

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Name [optional to you, important to me]

LAURA NUTTER

How would you celebrate this workshop, overall:

By telling others about it!

the High Trust experience!

**100+**

**The Best Ever!**

10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

What three [3] ideas/concepts did you really like?

- a. Always ~~go~~ go to solution.
- b. Please/Thank you for personal favors only.
- c. Model & re-teach; never punish



What two (2) phrases/quotes

in this workshop did you really like?

- a. Mistakes are where the new learning goes!
- b. What you permit, you teach.



Dennis, I want more [and you'll have it!].....

Time w/ you! We gotta get Mont & Alexandria to support this more!

Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

**[ON THE BACK IF YOU WANT MORE ROOM]**

With total gratitude,



# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

A SCIENCE BASED, PERFORMING ART

Location: ANNADALE, VA  
Date: MARCH 2013  
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

Jan Johnson

1. How would you *celebrate* this workshop, overall:

*high energy  
inspirational*

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High-Trust experience!

**100+**

The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. It is my job to support children
- b. I need to get my ARFF.  
to be at my best



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. valley of death and canyon of (oops)
- b. ARFF



4. Dennis, I want more [and you'll have it!].....yes.....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

*I am totally tired and need  
to go home. I will be  
happy to email with feedback  
later.*

With total gratitude,

*Jan Johnson*

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A SCIENCE BASED, PERFORMING ART

Location: ANNADALE, VA  
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Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

Todd Barrett

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!

**100+**

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. ARFF

b. Don't Use Thank you or

C Face Voice your Welcome  
Words

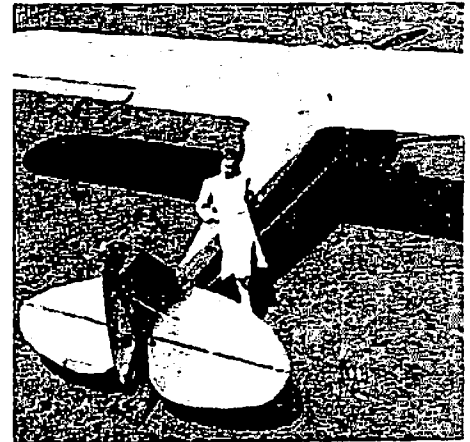
3. What two (2) phrases/quotes

in this workshop did you really like?

a. Woa Woa Woa

b. That's OK do it anyway

4. Dennis, I want more [and you'll have it!].....



5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*Dennis M. McLoughlin*

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

A SCIENCE BASED, PERFORMING ART

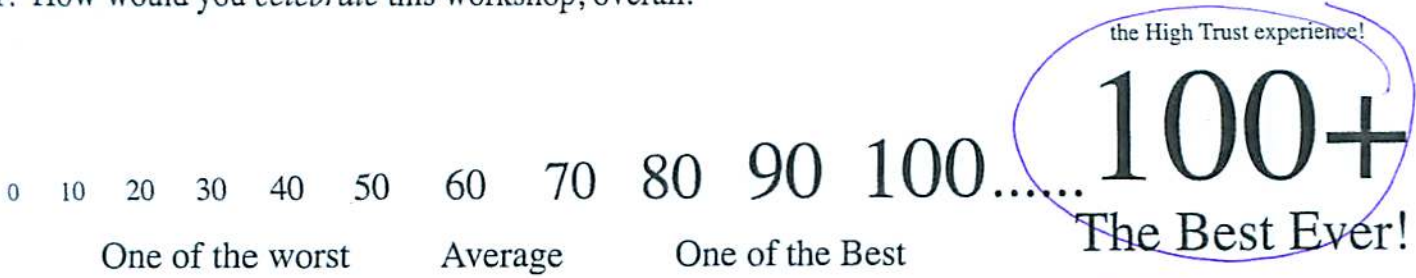
Location: ANNADALE, VA  
Date: MARCH 2013  
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

AMELIA KYKER

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. ARFF
- b. Reinforce positive behavior  
influence children to be  
responsible



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Don't judge - be fascinated - the world.
- b. Throw away the list.



4. Dennis, I want more [and you'll have it!].....

See you in the Fall. God willing!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

God bless.  
With total gratitude.

Enjoy your trip with your daughter. In 2010 my husband, Tony Stead, Brandon & Justin camped in the Redwoods, in Feb, Mike Takos & Lynne... I have great memories

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

## A SCIENCE BASED, PERFORMING ART

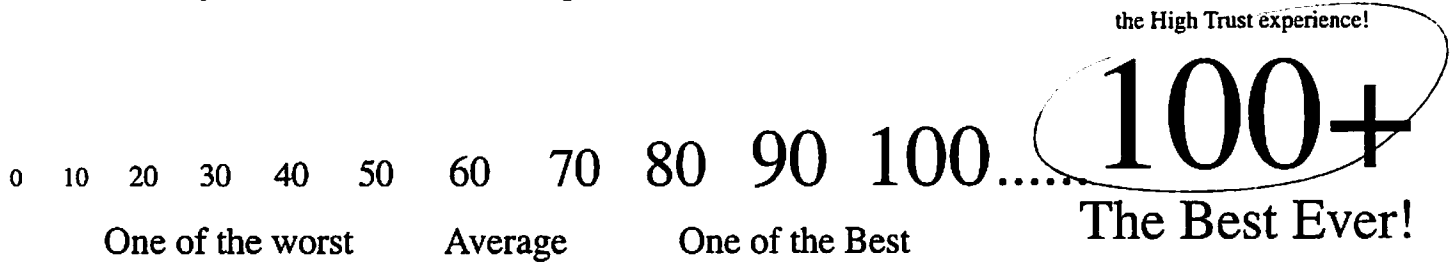
Location: ANNADALE, VA  
Date: MARCH 2013  
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

---

1. How would you *celebrate* this workshop, overall:



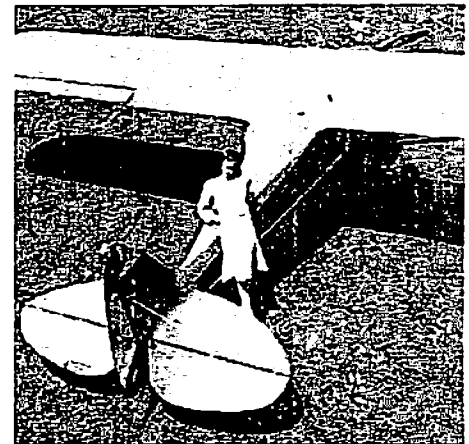
2. What three [3] ideas/concepts did you really like?

- a. Trust is the ability to influence.
- b. Mistakes is a chance to teach.



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Trust
- b. Responsibility



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

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Location: ANNADALE, VA  
Date: MARCH 2013  
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

---

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Repeating/Good thinking
- b. You can only teach a positive  
Never punish/let it slide. Teach



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "If weeds drive you nuts, you can't be a gardener"
- b. "Those who blame lose the ability to change"



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

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Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

Carek

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Growing from Gratitude
- b. ARFF  
The Double Scoop



3. What two (2) phrases/quotes in this workshop did you really like?

- a. "You may say that again w/respect"
- b. "You can not teach a negative. You can only teach a positive"  
Those who protect set the standard



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

Jennifer M. McLoughlin

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Date: MARCH 2013

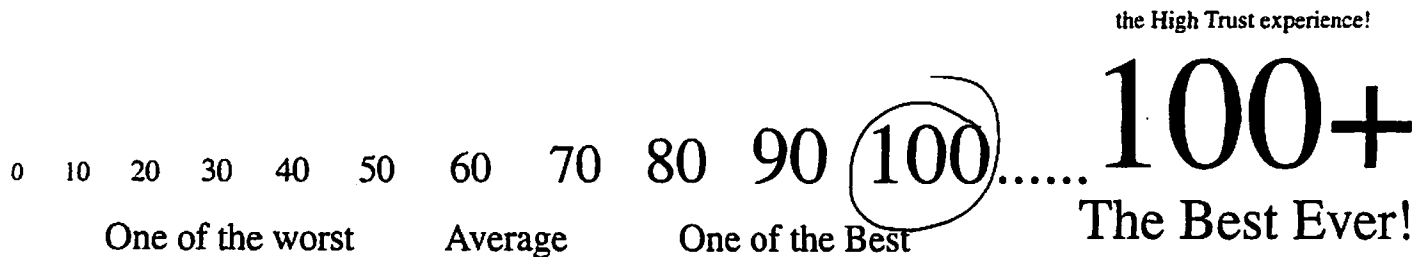
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

---

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

a. "The List"

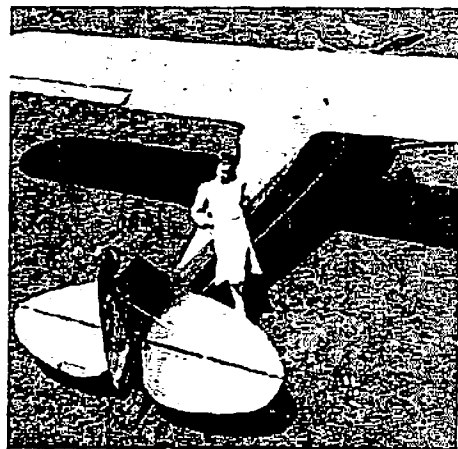
b. how to use please & thank you



3. What two (2) phrases/quotes in this workshop did you really like?

a. "Parting through silk"

b. "mistake is where new learning goes"



4. Dennis, I want more [and you'll have it!]...working.....  
with highschool students

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

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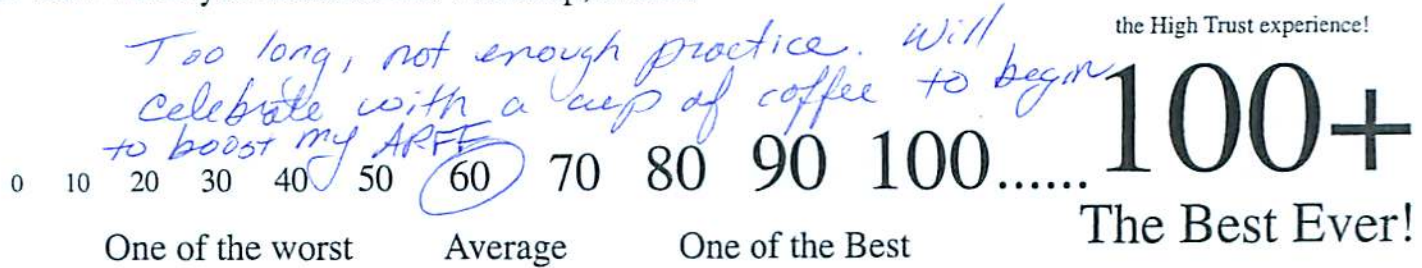
Presenter: Dennis M. McLoughlin



Name [optional to you, important to me]

---

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Will use the ideas on how to call on many students for each question.
- b. Will use the idea of the note & desk to get a student closer enough to talk



3. What two (2) phrases/quotes in this workshop did you really like?

- a. You may do that again the boring way.
- b. It is very important that you learn



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,